

# Grace Lutheran Church & School



460 75<sup>th</sup> Ave. NE  
Fridley, MN 55432

Email: [john.p.hein@gmail.com](mailto:john.p.hein@gmail.com)

Home Page: [www.FridleyLutheran.org](http://www.FridleyLutheran.org)



Member: CHURCH OF THE LUTHERAN CONFESSION

**Pastor:** John Hein (Cell 612-408-1635)

**School Phone:** 763-784-6340

**Church Year:** Pentecost 11

**Phone:** 763-784-8784

**Grades:** Kindergarten-8<sup>th</sup>

**Date:** August 4, 2024

## ✝ WORSHIP INFORMATION ✝

### Hymns:

TLH 540: With the Lord Begin Thy Task

TLH 416: Oh, that the Lord Would Guide My Ways

TLH 400: Take My Life and Let It Be

Communion: Meditative Music

TLH 412: May We Thy Precepts, Lord, Fulfill

Listening assistance is available. Please ask an usher.

### Worship Prep:

Psalm 145, TLH p. 155f.

### Liturgy:

WS p. 1 (Projected)

### Scripture Readings:

Exodus 24:3-11

John 6:1-15

### Sermon: Ephesians 4:17-28

<sup>17</sup>This I say, therefore, and testify in the Lord, that you should no longer walk as the rest of the Gentiles walk, in the futility of their mind, <sup>18</sup>having their understanding darkened, being alienated from the life of God, because of the ignorance that is in them, because of the blindness of their heart; <sup>19</sup>who, being past feeling, have given themselves over to lewdness, to work all uncleanness with greediness. <sup>20</sup>But you have not so learned Christ, <sup>21</sup>if indeed you have heard Him and have been taught by Him, as the truth is in Jesus: <sup>22</sup>that you put off, concerning your former conduct, the old man which grows corrupt according to the deceitful lusts, <sup>23</sup>and be renewed in the spirit of your mind, <sup>24</sup>and that you put on the new man which was created according to God, in true righteousness and holiness. <sup>25</sup>Therefore, putting away lying, "Let each one of you speak truth with his neighbor," for we are members of one another. <sup>26</sup>"Be angry, and do not sin": do not let the sun go down on your wrath, <sup>27</sup>nor give place to the devil. <sup>28</sup>Let him who stole steal no longer, but rather let him labor, working with *his* hands what is good, that he may have something to give him who has need. (NKJV<sup>TM</sup>)

## You Have Learned Christ: Walk the Walk

## ✝ **THE ANNOUNCEMENTS** ✝

- ➔ **Pastor's Vacation:** This afternoon Pastor Hein will be leaving to visit family near Spokane, WA. For emergency pastoral help, you may call the parsonage at 763-784-8784 or call Pastor directly on his cell at 612-408-1635. Pastor Nathan Pfeiffer (651-432-0101) from Berea may be contacted as well.
- ➔ **Ice Cream Social:** Next Mon., Aug. 12, 7 pm, Grace Lutheran School will have its introductory parent meeting to start off the upcoming school year. This will be followed by the ice cream social. Families are welcome to bring their children to play together during the meeting.
- ➔ **Summer Hospitality:** If anyone wishes to host any of the Sundays in summer, please sign up on the bulletin board in the fellowship hall.
- ➔ **Invitation:** Prince of Peace Lutheran of Hecla, SD, has its annual Harvest Festival: 4 pm, Sunday, Aug. 11. This year, the service and meal are hosted by the Schwab family farm: 7305 124th Ave SE, Englevale, ND 58033. For more details contact [pastor\\_daub@hotmail.com](mailto:pastor_daub@hotmail.com).
- ➔ **Women's Retreat West:** This year's Women's Retreat West is hosted by the Women's Fellowship of St Paul in Bismarck, ND, on Sept. 13-15. Theme: "Be Encouraged, to Excel Still More." For info. or to register by Aug. 13: [womensretreat.clclutheran.net/womens-retreat-west/](http://womensretreat.clclutheran.net/womens-retreat-west/) or contact Sandy Roehl at [sroehl@bis.midco.net](mailto:sroehl@bis.midco.net)
- ➔ **Immanuel Opening Service:** The opening worship service for Immanuel Lutheran High School, College, and Seminary will take place on Sun. Aug. 25, 3:00 p.m., at the campus fieldhouse. This service will include the installation of Professor Matthew Thurow. For more details about the opening weekend schedule, see [ilc.edu](http://ilc.edu). May the Lord richly bless the upcoming year as we grow together in the truth of God's saving Word!
- ➔ **CLC News:** Pastor Samuel Rodebaugh has received the call to St. John's Lutheran in Okabena, MN, following Pastor James Albrecht's retirement at the end of the year.



*Welcome to our guests and visitors. We appreciate the opportunity to share God's Word with you today. Please come again! Those interested in learning more about the Scriptures and our doctrinal position, please speak with the Pastor. He would be delighted to visit with you!*

# CLC E-Devotion – July 24, 2019

Ephesians 4:23-24 (NKJV) And be renewed in the spirit of your mind, and that you put on the new man which was created according to God, in true righteousness and holiness.

## COUNTING YOUR TIME SPENT--COMMUNICATING CLEARLY

Every relationship has challenges in communicating clearly. How we speak and interact with our parents or children, with our family or neighbors, or with our husband or wife comes across in our tone of voice and in our body language, not just our words. Most people struggle with the most basic concepts of speaking and listening, especially when you throw in these other factors of the tone of voice and body language we use. As Paul writes to the Christians in Ephesus, we need to be renewed in the Spirit to walk and talk in the way God created us.

Yet we stumble daily. Thank the Lord, Christ has forgiven us our sins. But how does this mercy affect the way we speak to others? The Word of God from Ephesians 4:25-32 gives five ways to communicate, not just more clearly, but with the love of Christ!

Be Honest with each other and speak the truth in love (Ephesians 4:15, 25) It is easy to speak the truth, and to speak in a loving way. But try speaking both truthfully and lovingly at the same time! Pray for help (Psalm 40:10-13).

Be Angry at sin, but not the sinner-deal with your anger in a God pleasing way (Ephesians 4:26-27). There are times we become angry at sin in this world. But God says this does not give us an excuse to sin ourselves by hurting others with our words or actions (James 1:19-20).

Be diligent and work hard on your relationship (Ephesians 4:28). Trying to get something for nothing makes others do all the hard work. God says to prioritize your life around making the relationship work. Give maximum effort, not the minimum. Make sacrifices (1 Peter 4:11).

Be honest and don't hurt others with your words (Ephesians 4:29-31). Words that are "unwholesome" or that are rotten and worthless will rot out a relationship. We tend to fall into bad habits of verbal digs and name calling with those we love the most. Rather, strive to build up rather than tear down (Proverbs 17:27-28)!

Be Forgiving and be the first to say "I'm sorry" (Ephesians 4:32). Sincere apologies are uncommonly heard, so they are just as challenging to give! Do you enjoy people who hold grudges or bitterness against you? How would you feel if your Heavenly Father did this to you? Stop worrying about who's right and who's wrong and make peace (Matthew 5:9; James 3:17-18).

If we were to go back and read Ephesians 4:25-32, what attitude would we see that God expects? We see Christ Jesus, our Lord and God, who communicates clearly to us in this same loving way. We pray we can communicate this way with others!

# ✠ TODAY AT GRACE ✠

Organist: Janelle Hein

Elder: Eli Wales

Ushers: Eli Wales; Alex Baker; Kevin Baker; Dan Kelley; Ryan Oman; Bob Vandever; Uriah Wales

Counting Team 4: Gary Gunther; Roger Ochsner; Al Rosendahl; Dave Rust

Church Cleaners: Ochsner

# ✠ NEXT WEEK AT GRACE ✠

Ushers: Al Rosendahl; Kyle Aymond; Kevin Hulke; Jack Maki; John Maki; Keith Radichel; Grant Wells

Counting Team 1: Dale Enns; Larry Nelson; Ryan Oman; Pat Paplow; Phil Radichel

Church Cleaners: Ochsner

# ✠ OUR SCHEDULE ✠

**Sun., Aug. 4:** 9:00 am – Worship w/Lord's Supper (Pentecost 11)

**Sun., Aug. 11:** 9:00 am – Worship (Pentecost 12)

11:00 am – Council Meeting

**Mon. Aug. 12:** 7:00 pm – Grace School Ice Cream Social

**Sun., Aug. 18:** 9:00 am – Worship (Pentecost 13)

**Sun., Aug. 25:** 9:00 am – Worship (Pentecost 14)

3:00 pm – Immanuel Opening Service (Eau Claire, WI)

**Mon., Aug. 26:** 8:00 am – Grace School's Opening Service

**Sun., Sept. 8:** **Regular Schedule Resumes**

9:00 am – Bible Class and Sunday School

10:00 am – Worship (Pentecost 16)

**Last Week's Stats:** July 28, 2024 Sun.: 66

Sun. Offering:	Grace:	\$5,002	CLC:	\$1,515			
Weekly Need (est.):	Grace:	4,900	CLC:	1,135			
-Under / +Over:	Grace:	+102	CLC:	+380			
Year-to-Date Offering:	Grace:	\$140,853	CLC:	\$34,160			
Year-to-Date Need (est.):	Grace:	147,000	CLC:	34,050			
Year-to-Date (+/-)	Grace:	-6,147	CLC:	+110			
GLC Other:	150	Living Faith:	0	Tuition Aid:	0	Sanctuary:	0
SAF Endowment:	0	MDF:	0	Kinship:	220	EduK8:	0
ILC Student Aid:	0	ILC Bldg.	0	IIF:	0	CEF:	0
Current Balances:		Tuition Aid:	\$2,897	Sanctuary:	\$7,170		



For by grace you have been saved through faith, and that not of yourselves; *it is* the gift of God, not of works, lest anyone should boast. - Ephesians 2:8-9